

## Group Meeting

### Welcome!

Welcome to Session 25 of *Believe*. If there are any new members in your group, take a moment to introduce yourselves to each other. Then spend a couple of minutes sharing insights or questions about this session's personal study. Now start the video!

#### VIDEO TEACHING NOTES

As you watch the video segment for Session 25, use the following outline to record *some* of the main points. (The answer key is found at the end of the session.)

- Key Question: How do I \_\_\_\_\_ with the hardships and struggles of life?
- Key Idea: I can \_\_\_\_\_ with the hardships of life because of the hope I have in Jesus Christ.
- The first cause: Believe in the \_\_\_\_\_. The second cause: Believe in the \_\_\_\_\_ making the promise.
- Key Verse: "We have this \_\_\_\_\_ as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf." (Hebrews 6:19-20)
- (Key Application) If you want to increase your hope, get to know and \_\_\_\_\_ Jesus better.
- (Key Application) If you want to increase your hope, get to know and trust Jesus' \_\_\_\_\_.

**GETTING STARTED**

Begin your discussion by reciting the Key Verse and Key Idea together as a group. On your first attempt, use your notes if you need help. On your second attempt, try to state them completely from memory.

**KEY VERSE:** "We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf." (Hebrews 6:19–20)



**KEY IDEA:** I can cope with the hardships of life because of the hope I have in Jesus Christ.

**GROUP DISCUSSION**

As a group, discuss your thoughts and feelings about the following declarations. Which statements are easy to declare with certainty? Which are more challenging, and why?

- I think a great deal about heaven and what God is preparing for me as a Christian.
- I am confident that God is working everything out for my good, regardless of the circumstances today.
- My hope in God increases through my daily pursuit to live like Christ.
- My hope for the future is not found in my health or wealth because both are so uncertain, but in God.

Based on your group's dynamics and spiritual maturity, choose the 2–3 questions that will lead to the best discussion about this week's Key Idea.

1. We are all sometimes guilty of placing our faith in false-hopes. Which one (riches, people, idols, human government) is most alluring to you? Why?
2. In what ways have false-hopes let you down in the past?

3. Hope is not an emotion you can make yourself feel with simple willpower. Therefore, what action steps can you take in order to develop a greater sense of hope?

4. What experiences with God have increased your ability to trust him and his promises?

Read Hebrews 11:1–12:3 (see the section "Hope Activates Faith, Faith Deepens Hope" in Believe) and choose 1–2 questions that will lead to the greatest discussion in your group.

1. Faith and hope seem to be the common underlying characteristics of all biblical heroes. In what ways do these characteristics work together?

2. In your opinion, which character's story of faith exhibited the most hope in God's promises?

3. It's easy to "grow weary and lose heart" in the broken world we live in. What does the writer of this passage encourage us to do in order to combat hopelessness?

**VIDEO NOTES ANSWER KEY**

deal / cope / promise, One / hope / trust / promises